CAPTURE YOUR CUBS

BECOME YOUR OWN FAMILY PHOTOGRAPHER

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chapter two: light

Worksheet

MAP YOUR LIGHTING

If you become intimately familiar with the lighting in and around your home no matter the time of year, the chances of capturing your cubs in that *just right* light will increase exponentially. Tuck these sheets away somewhere you can easily access and take notes as seasons (and lighting conditions!) change throughout the year.

REMEMBER

1. Wait for the right light
2. Avoid harsh lines
3. Utilize windows
4. Use light from one direction
5. Overcast days are your friend

WORDS OF ENCOURAGEMENT

Sometimes it's impossible to remember all of these tips while juggling three boys, the light, camera settings, and whatever activity we've got going on, all while trying to stay present in the moment. Photoshoots at my house are usually pretty quick and wild! Practicing over the years has helped a lot of these things become automatic for me so I don't have to think about them like I used to. Please don't give up if your first shoot (or second or third) don't turn out like you had hoped! Keeping things quick and fun will help this become something that everyone looks forward to rather than a stressful, high-pressure situation.

If you feel overwhelmed by this topic, just pick one thing to focus on today. Find a window in your house and pay attention to the light as it changes throughout the day. Write down a time you think would be great for a portrait. Stick one of your cubs close to the window during a time with soft filtered light, and maybe even give them a sucker for being a good sport while you practice.

A good place to start when you are trying to master light, is simply to notice it. Start looking at your surroundings and your cubs and watch how the light falls on them. What does it cast in shadow? Are the shadows gradual or abrupt? Is it warm, soft, harsh, drastic? What is it doing to the colors? Noticing light is something you can do any time, anywhere.

SUMMER

	LOCATION	LIGHT CONDITIONS	PHOTO IDEA
MORNING			
AFTERNOON			
EVENING			

NOTES:

AUTUMN

	LOCATION	LIGHT CONDITIONS	PHOTO IDEA
MORNING			
AFTERNOON			
EVENING			

NOTES:

WINTER

	LOCATION	LIGHT CONDITIONS	PHOTO IDEA
MORNING			
AFTERNOON			
EVENING			

NOTES:

SPRING

	LOCATION	LIGHT CONDITIONS	PHOTO IDEA
MORNING			
AFTERNOON			
EVENING			

NOTES: